

# Thursday 21<sup>st</sup> January

## Writing Challenge



- Write about the picture above. Spend about 5-10 minutes on this. You could write some words to describe what you can see, a full sentence, or multiple sentences depending on what you are able to do!
- Use the key words that you know to help you.
- If you do not know how to spell a word, Fred Talk it independently.
- Form letters neatly.
- If you are using lined paper, sit letters neatly on the line.

## Maths Task 21.1.21

Find one more by drawing evil peas then write the number.



One more than 2 is \_\_\_\_



One more than 5 is \_\_\_\_



One more than 7 is \_\_\_\_

One more than 4 is \_\_\_\_

One more than 9 is 8, am I right?  
How do you know? Draw the peas to prove it.



## Reception

### PE Tasks – Thursday 21<sup>st</sup> January – Lesson 3 Part 2

Do these warm up exercises on the spot:

- Jog on the spot for 1 minute
- High knees x 10
- Heel flicks x 10
- Ladder climbs x 10
- Repeat

Task 1: Set up and practise the speed bounce again from the last PE lesson, just to remind yourself of what to do! Use the checklist to remind you of the techniques you will need.

Checklist:

- ✓ Take off and land on two feet
- ✓ Bend your knees
- ✓ Use your arms for balance – lift them up when you are jumping
- ✓ Keep your head still – look forward
- ✓ Keep your back straight
- ✓ Fast feet – don't give up!

Task 2: Try at least 2 of these challenges. You can do all 3 if you want to!

1. Speed Bounce: How many jumps can you do in 20 seconds? This is your personal best. Have a little rest and repeat the challenge. Can you beat your personal best?
2. One end to the other: Start at the end of the towel and jump over the towel all the way to the other end. How many jumps does it take you to get to the end? Repeat this challenge 2 times.
3. Wiggle jumps: Place the towel in a wiggly line and practice jumping over it. How many different jumps can you do over your towel?



Cool down:

