

'Youtube links' for exercise activities

- Pre school learn - Dance n'Beats

<https://www.youtube.com/watch?v=Parej8FiOes>

- Go Noodle

<https://www.youtube.com/watch?v=KhfkYzUwYFk>

- Cosmic Kids Yoga

https://www.youtube.com/results?sp=mAEB&search_query=cosmic+kids

- Joe Wicks

https://www.youtube.com/watch?v=Og_f0_QO_Ko